



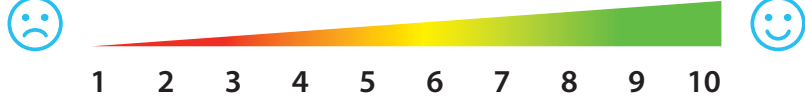




Mood diary

Day	Mood scale (Circle a number)	Good things today	Bad things today
Monday	 <p>1 2 3 4 5 6 7 8 9 10</p>		
Tuesday	 <p>1 2 3 4 5 6 7 8 9 10</p>		
Wednesday	 <p>1 2 3 4 5 6 7 8 9 10</p>		
Thursday	 <p>1 2 3 4 5 6 7 8 9 10</p>		
Friday	 <p>1 2 3 4 5 6 7 8 9 10</p>		
Saturday	 <p>1 2 3 4 5 6 7 8 9 10</p>		
Sunday	 <p>1 2 3 4 5 6 7 8 9 10</p>		